

# Suzy Collins

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## **What is your coaching background?**

My daughter's football coach left and my husband took over the team. He needed help and I was available... This was about 5 years ago. I have since done my level 1 in football coaching and goalkeeping and many other FA qualifications. Together with my husband I coach U14 girls' grassroots football team. I also set up and coach girls in years 8 and 9 volleyball at Manor school where I work. I now hold Coaching Volleyball level 1 qualification. At Manor school, I also applied and received funding from the PTA to set up and buy kickboxing equipment to run a lunch time club for girls. Last year, I got involved in the Breeze cycling initiative from British cycling to encourage women into cycling and qualified as a ride leader.



## **Was there someone you looked up to or inspired you to coach when you were younger?**

Not when I was younger, I never even thought about coaching then. My inspiration now is my husband who is an excellent coach and our players really respect him.

## **What do you enjoy most about your role as a coach/ instructor?**

Passing on my knowledge and seeing my players enjoying themselves.

## **What would you say to someone thinking about becoming a coach?**

Have a go, if you have passion for a particular sport you will get a buzz from coaching it!

## **Have you overcome any barriers to get into coaching? If so, what and how have you done this?**

Time is the biggest barrier really but football is something we do as a family, both of my girls play and my husband and I coach so it is a win win situation. We both spent a lot of our own money on various sports qualifications but it has been worth it.

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We hope you've had a fantastic Easter weekend 🐣 Lesson 7 has just landed and here is [@MrJeff85](#) to keep the whole family on their toes this Bank Holiday Monday! Let's get to work on our Agility!





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